



State of the Art Safety Standards in RA
THE EUROPEAN SOCIETY OF REGIONAL
ANAESTHESIA & PAIN THERAPY



SWISS ASSOCIATION OF REGIONAL ANAESTHESIA AND ANALGESIA

One day
One program

6TH EUROPEAN DAY OF REGIONAL ANAESTHESIA

Saturday, 28 January 2023



BERN



Inselspital
Auditorium Maurice E. Müller
Eingang 34
Freiburgstrasse 16
3010 Bern



[Registration](#)

Registration Fees:

Non-ESRA / Non-SARA Member	300.00 CHF
ESRA & SARA Member, Residents	150.00 CHF

Credits: 8x SSAPM, 6x SGUM and 4x SGNOR
CHAIR: Dr. med. Friedrich Lersch, MSc

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Time	min	Lecture	Speaker
08:00 – 08:15		Registration & Coffee	
08:15 – 08:25	10	Welcome & Organization	
08:25 – 08:30	5	INTRODUCTION VIDEO by ESRA Major Officers	
Session 1. How to teach and manage a patient’s expectations considering Regional Anaesthesia & Pain Management?			
08:30 – 08:50	20	Altering the body map; how the neural network is altered by RA &GA	Dr Friedrich Lersch, CH
08:50 – 09:10	20	Sharing the responsibility for locoregional analgesia: a surgeon’s perspective	Dr Athanasios Papanikolaou, CH
09:10 – 09:30	20	Needling the sleeping: paediatric anaesthesia’s daring approach	Dr Anna-Ursina Malär, CH
09:30 – 09:50	20	Adding intrathecal opioids to the equation: a game changer?	PD Dr Sina Grape, CH
09:50 – 10:15	25	COFFEE BREAK	
10:15 – 10:55	40	PRO/CON Debate: Regional anaesthesia in sedated or anaesthetized patients	
		“It’s cool-just do it !”	PD Dr José Aguirre, CH
		“It’s risky, it’s foolish!”	PD Dr Andrea Saporito, CH
10:55 – 11:15	20	Non-pharmacological analgosedation & RA in the treatment of chronic pain	Dr Bettina Kleeb, CH
Session 2. Making RA great in ambulatory surgery			
11:15 – 11:35	20	Breast surgery: Wide awake, sedated or combined RA + GA?	Dr Roman Zürcher, CH
11:35 – 11:55	20	Combined or RA solo in Ophthalmic Anaesthesia: does it really matter?	Dr Andreas Schär, CH
11:55 – 12:15	20	RA and GA in ambulatory patients: preemptive, post-hoc, multimodal? What now?	Dr Matthieu Cachemaille, CH
12:15 – 13:00 LUNCH			
Time	min	Podcast	Speaker
13:00 – 13:15	15	Top 5 rare chronic pain syndromes	Dr Anu Kansal, UK
13:00 – 13:15	15	ESP latest evidence	Dr Barbara Versyck, BE Dr Renee Van den Broek, NE
Workshop	min	Workshop	Demonstrator
WORKSHOP A	45	Blocks above the clavicle	Dr Matthias Sluga
WORKSHOP B	45	Blocks below the clavicle & upper extremity	Dr Barbara Rupnik Dr Fabrizio Beretta
WORKSHOP C	45	Lower limb blocks, anterior aspect	Dr Heinz Bruppacher
WORKSHOP D	45	Lower limb blocks, posterior aspect	Dr Nerses Kyurkchyan
WORKSHOP E	45	Chest and abdominal wall blocks	Dr José Aguirre / Dr Roberto Dossi Dr Roman Zürcher
WORKSHOP F	45	Neuraxis	Dr Beat Wirthmüller Dr Matthieu Cachemaille
WORKSHOP G	45	Eyes and head blocks	Dr Friedrich Lersch
WORKSHOP H	45	Practical instruction on non-pharmacological analgosedation	Dr Bettina Kleeb
Assessment & Handout Certificates of attendance			

FACULTY

PD Dr. med. José A. Aguirre - Universitätsklinik Balgrist – Zürich	Dr. med. Friedrich Lersch - Inselspital – Bern
Dr. med. Fabrizio Beretta – Hospital of Bellinzona	Dr. med. Anna-Ursina Malär - Kantonsspital Lucerne
Dr. med. Matthieu Cachemaille - Hôpital de la Tour – Meyrin	Dr. Athanasios Papanikolaou, FEBOPRAS, Inselspital - Bern
Dr. med. Roberto Dossi - Hospital of Bellinzona	PD Dr. med. Andrea Saporito - Hospital of Bellinzona
PD Dr. med. Sina Grape - Valais Hospital - Sion	Dr. med. Andreas Schär – Inselspital - Bern
Dr. med. Bettina Kleeb, Regionalspital Burgdorf	Dr. med. Roman Zürcher - Bethesda-Spital - Basel