



State of the Art Safety Standards in RA
 THE EUROPEAN SOCIETY OF REGIONAL
 ANAESTHESIA & PAIN THERAPY



SWISS ASSOCIATION OF REGIONAL ANAESTHESIA AND ANALGESIA

1ST WORLD DAY OF REGIONAL ANAESTHESIA & PAIN MEDICINE

Saturday 27th January 2024



BERN



Inselspital
 Auditorium Maurice E. Müller
 Eingang 15
 Freiburgstrasse 16
 3010 Bern



[Registration](#)



Registration Fees:

Non-ESRA / Non-SARA Member	300.00 CHF
ESRA & SARA Member, Residents	150.00 CHF

Credits: 8 SSAPM, 6 SGUM, 4 SGNOR. CHAIR: Dr. med. Friedrich Lersch, MSc

Thanks to our sponsors!



Time	min	Lecture	Speaker
07.30- 8.00	30	morning coffee, registration, inscription to workshops	
08.00-08.15	15	Introduction, house-keeping	
PRO and CONTRA discussions on Regional anaesthesia between surgeons and anesthesiologists			
08.15-08.30	15	RA in cardiac surgery, a first PRO	Dr Catherine Reid
08.30-08.45	15	RA in cardiac surgery, is there a CONTRA ?	Prof Florian Schönhoff
08.45-09.00	15	RA in orthopaedics covers up post-OP compartement syndrome!	Prof Thomas Lustenberger
09.00-09.15	15	RA is not the problem responsible for compartement syndrome!	PD Dr José Aguirre
09.15-09.30	15	Let's bury the PDA in abdominal surgery!	Prof Guido Beldi
09.30-09.45	15	Long live PDA for abdominal surgery in all its glory	PD Dr Jürgen Knapp
COFFE BREAK			
10.15-10.30	15	Easier access for ischiadic nerve blocks	Dr Barbara Rupnik
World regional anesthesia day, Berne 27th January 2024, Swiss Association of Regional Anaesthesia			
10.30-10.45	15	US-guided spinal & epidural-a game changer?	Dr Matthieu Cachemaille
10.45-11.00	15	Supra- & infraclavivular blocks- a guide to the perplexed	PD Dr Lukas Kirchmair,
11.00-11.15	15	Torture by tourniquet-myths & facts	Dr Gernot Gorsewski
11.15-11.30	15	Eye blocks-where did we come from, where are we heading?	Dr Tom Eke
11.30-11.45	15	Optimizing RA for breast surgery	Dr Moira Robertson
11.45-12.00	15	Adding alpha-agonist to RA-gain or gimmick?	PD Dr Sina Grape
13:00 – 17.00 Ultrasound workshops with life models			
Workshop	min	Workshop	Demonstrator
WORKSHOP A	45	Blocks above the clavicle	
WORKSHOP B	45	Blocks below the clavicle & upper extremity	
WORKSHOP C	45	Lower limb blocks, anterior aspect	
15:00 – 15:20	20	COFFEE BREAK	
WORKSHOP D	45	Lower limb blocks, posterior aspect	
WORKSHOP E	45	Chest and abdominal wall blocks	
WORKSHOP F	45	Neuraxis	
WORKSHOP G	45	Eyes and head blocks	
WORKSHOP H	45	Practical instruction on non-pharmacological analgosedation	
Web-link to the presentations of the International faculty from ESRA, ASRA and the other Societies will be made available to all participants			

Launch of the SARA-homepage, Online content/ Presentations by SARA-faculty

Rescue blocks of arms and legs	PD Dr José Aguirre
Erector spinae block	Prof Andrea Saporito
Interscalene block	Dr Roman Zürcher
Infra-& supraclavicular blocks	PD Dr Sina Grape
Suprainguinal fascia iliaca block	Dr Barbara Rupnik
Ischiadic blocks-anterior & posterior	Dr Barbara Rupnik
US-guided spinal & epidural	Dr Matthieu Cachemaille
Ultrasound guided blocks of the eye	Dr Julie Gaume
The French Tandem- a marketplace of expertise	Dr Lucie Beylacq
Sub-Tenon's block	Dr Friedrich Lersch

FACULTY

PD Dr. med. José A. Aguirre – Stadtspital Zürich

Prof. Guido Beldi - Inselspital – Bern

Dr. med. Lucie Beylacq - ORL Thiers - FR

Dr. med. Matthieu Cachemaille - Hôpital de la Tour – Meyrin

Dr. Dominique Engel - Inselspital - Bern

Dr Tom Eke - Spire Hospital – Norwich - UK

Dr. Julie Gaume – CHU de Bordeaux - FR

Dr. med. Gernot Gorsewski - Landeskrankenhaus Feldkirch - AT

PD Dr. med. Sina Grape - Valais Hospital – Sion

PD Dr. med. Jürgen Knapp – Inselspital - Bern

PD Dr. med. Lukas Kirchmair - BKH Schwaz – AT

Dr. med. Friedrich Lersch - Inselspital - Bern

Prof. Dr. med. Thomas Lustenberger - Inselspital - Bern

Dr. Catherine Reid, Hirslanden Klinik Aarau

Dr Moira Robertson - Hôpital de Nyon

Dr Barbara Rupnik - See Spital – Horgen

PD Dr. med. Andrea Saporito - Hospital of Bellinzona

Prof. Dr. med. Florian Schönhoff - Inselspital - Bern

Dr. med. Roman Zürcher - Bethesda-Spital - Basel