

# 94. Berner Anästhesie-Symposium

## Multi – Modal Anaesthesia

Wednesday, May 24th 2023, 5 pm – 8 pm (CET)  
Auditorium Ettore Rossi, entrance 31b, Kinderklinik



*Workshop*  
*15:00-16.30 Uhr*  
*Inselspital Bern*

The graphic is a circular badge with a light red background, containing text in a black, sans-serif font. The text is arranged in three lines, with the first line being the word 'Workshop', the second line showing the time '15:00-16.30 Uhr', and the third line showing the location 'Inselspital Bern'. The badge is positioned in the upper right quadrant of the image, overlapping a photograph of cherry blossoms and a cityscape.

## Welcome

Dear colleagues,

In the face of pressing problems like the opioid crisis and increasing evidence that opioid overdose in an anesthesia may lead to chronic postoperative pain and respiratory emergencies, the anesthesiology-community is under pressure to find new ways of providing surgical anesthesia and analgesia.

One of the possible solutions appears to be multi-modal anesthesia and analgesia. In the debate about including preemptive regional analgesia, ketamine, dexmedetomidine and other co-analgetic drugs, it seems that nearly messianic hopes are entertained about opioid-sparing anaesthesia. Hence, it is time to evaluate what opioid-sparing, multimodal, anesthesia can and cannot do. It seems timely to engage in an evaluation of current practices and the pertaining literature. Apart from clinical application it is necessary to evaluate the practice in a neuroscientific framework. This means discussing issues like neural plasticity and subjective consciousness in the context of anesthesia and analgesia. Some of these most neuroscientific issues will be presented in a workshop before the mini symposium. All presentations will be recorded and made accessible.

We are very happy to have invited faculty both national and international to engage us in learning and debate about multimodal anesthesia. With this, we cordially invite you to come to Bern and engage in this discussion.

Dr. med. Friedrich Lersch

## Program

- 17.00 **Welcome**  
Dr. med. Friedrich Lersch, Prof. Dr. med. Frank Stüber
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- 17.10 **High hopes: Opioid-sparing multimodal ANAESTHESIA: where are we exactly**  
PD Dr. med. Sina Grape, Sion
- 
- 17.45 **Modulating the affective valence of anaesthesia: lessons from depression treatment with ketamine**  
Dr. Boris Heifets, MD , PhD, Palo Aho
- 
- 18.15 Break
- 
- 18.45 **Hype? Hope? Opioid-sparing multimodal ANALGESIA: where are we exactly not?**  
Prof. Dr. med. Benno Rehberg, HUG
- 
- 19.20 **Opioid-free multimodal anaesthesia in cardiac surgery: problems and benefits**  
Prof. Balachundar Subramaniam, Beth Israel Deaconess Medical Center, Boston
- 
- 19.55 **Closing words**  
Dr. med. Friedrich Lersch, Prof. Dr. med. Frank Stüber

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Official language: English

## Registration

Please enroll on our [website](#) until May 20<sup>th</sup>.

## Educationcredits

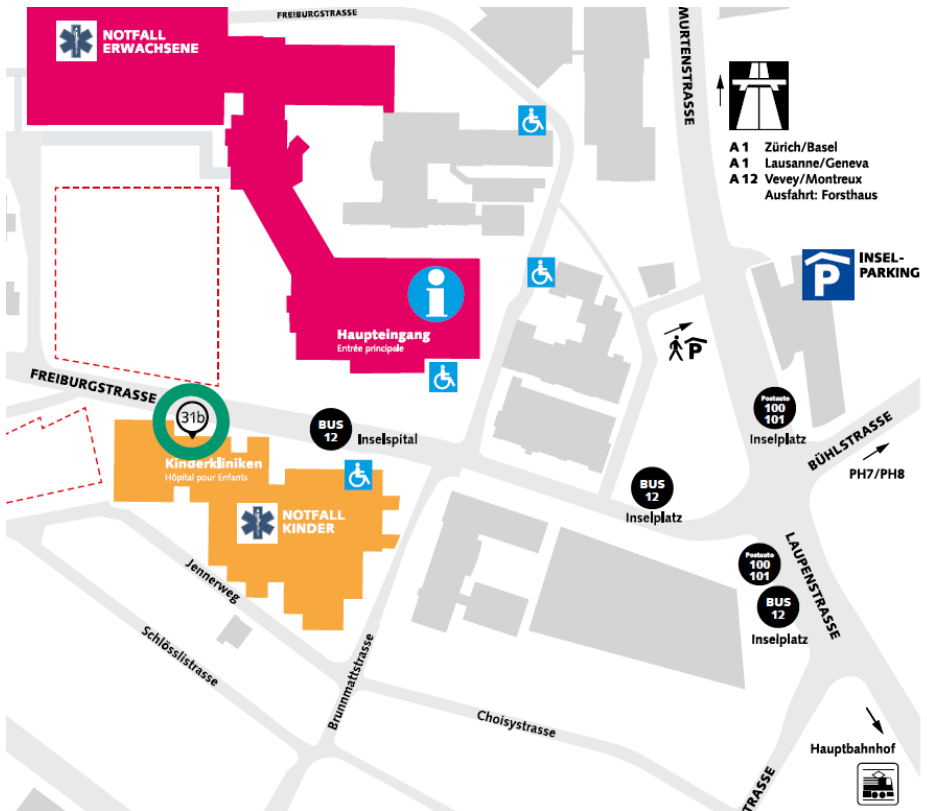
The symposium is recognized by the SSAPM with 3 credits.

## Further dates

- 13.09.2023
- 30.11.2023
- 21.02.2024

## Location

Inselspital Bern, Freiburgstrasse, 3010 Bern  
Auditorium Ettore Rossi, Eingang 31b, Kinderklinik



## Organisation

Organizer: Prof. Dr. med. Frank Stüber, Chefarzt / Direktor

Coordination: PD Dr. med. Dominik Günsch, Dr. med. Alexander Fuchs

Organisation: Dr. med. Friedrich Lersch

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